

# Dr Benjamin John Laskey Brief Curriculum Vitae

# **Employment**

Aug 2014 – present Director and Consultant Clinical Psychologist

The Psychology Partnership

Aug 2010 - Aug 2014 Director and Consultant Clinical Psychologist

PACTT Ltd

Sept 2012-Feb 2013 CBT Development Lead (Child IAPT)

University of Exeter

Feb 2010-Sept 2012 Senior Clinical Psychologist

Children in Care Psychology Team

Cornwall County Council

Jan 2009-Feb 2010 Principal Clinical Psychologist / Parenting Expert

Central Manchester University Hospitals Foundation NHS Trust

Jul 2009 – Jun 2012 Honorary Tutor in Clinical Psychology

The University of Manchester

Dec 2004 – Jan 2009 Clinical Psychologist

Royal Manchester Children's Hospital

Jun 2006 – Jul 2007 Academic Tutor in Clinical Psychology

The University of Manchester

### Qualifications

**Doctor of Clinical Psychology** - University of Manchester - Sept 2004 **Psychology with European Studies – 2.1 BA (Hons)** - University of Exeter - Jun 1998

## **Professional Memberships**

Associate Fellow of the British Psychological Society
Registered Practitioner Psychologist with the Health and Care Professions Council
Registered Expert Witness with the British Psychological Society and the Law Society
Member of the British Association of Behavioural and Cognitive Psychotherapists



### **Expert Witness Expertise and Experience**

I have been providing assessments of parents and children for the Courts since 2008. I specialise in complex childcare cases, in parenting and in assessments of multiple family members. I have worked extensively with risk issues, problems related to family violence and addiction and abuse and neglect. My assessments include formal assessments of IQ and personality; clinical interview, consideration of any psychological disorders present, attachment style and risk. I routinely advise on:

- The potential for family members to provide adequate care for children
- The level of support likely to be required to sustain placements
- The potential interventions that may assist a parent in maximising their capacity to care for children, the likely outcomes thereof and the timescales required
- The impact of psychological difficulties on a parent's capacity to provide care
- Parents' capacity to engage positively with the Local Authority
- Issues relating to risk, including domestic violence, abuse and neglect.
- Likely meaning of inconsistency in parental accounts relating to incidents of concern to professionals
- The likely impact of different placement options for children
- Contact arrangements where a return home is deemed impossible either in the short or long term
- Contact between siblings placed separately

# **Clinical Expertise and Experience**

As an experienced Child Clinical Psychologist I have worked in Child and Adolescent Mental Health Services since 1999. This has included working with high-risk groups such as children in care, children presenting with aggression and offending behaviours, substance misuse, self-harming/suicidality, psychosis, child protection, hard-to-reach parents, family aggression and parental mental health problems. I specialise in working with complex cases and in engaging and assessing families, children and young people traditionally considered hard-to-reach.



# **Research and Publications**

I conduct research into child anxiety and into parenting. I have numerous publications arising from this work in high-quality international peer review journals and have presented workshops, symposia and papers at high-level national conferences. I supervise doctoral level research through the University of Manchester.

- MacKenzie, R., Laskey, B., & Wittkowski, A. (2013) The Role of Parental Anxiety in
- Child-Related Threat Interpretation. Cognitive Therapy Research, 37:1070-1078.
- Berry, L., & Laskey, B. (2013) A Review of Obsessive Intrusive Thoughts in the
- General Population. Journal of Obsessive-Compulsive and Related Disorders.
- Laskey, B.J. (2011) parenting and young anxious children (ACAMH improving
- access to CAMHS Invited paper)
- Cartwright-Hatton, S., McNally, D., Field, A. P., Rust, S., Laskey, B., Dixon,
- C., Gallagher, B., Harrington, R., Miller, C., Pemberton, K., Symes, W., White, C., Woodham, A. (2011). A New Parenting-Based Group Intervention for Young Anxious Children: Results of a Randomized Controlled Trial. Journal of the American Academy of Child & Adolescent Psychiatry.
- Cartwright-Hatton, S., Laskey, B., Rust, S & McNally, D. (2010) From Timid to Tiger: a treatment manual for parenting the anxious child. Wiley UK.
- Crye, J., Laskey, B., & Cartwright-Hatton, S. (2010). Prevalence and Correlates of Obsessions in Non-Referred Adolescents. Psychology and Psychotherapy: Theory, Research and Practice. 83, (1), 15-26.
- Laskey B.J., & Cartwright-Hatton, S. (2009). Parental discipline behaviours and beliefs about their child: associations with child internalising and mediation relationships. Child: Care, Health and Development. 35, (5), 717-727.
- Laskey, B., & Cartwright-Hatton, S. (2008) Childhood anxiety and depression.
   In Davey, G. (Ed) Clinical Psychology (Topics in Applied Psychology series).
   Hodder Education, Hachette Livre UK. London.
- Mawson, A., & Laskey, B. (submitted). Long Term Outcome Evaluation and Service Users' Views of Community Parent-Training Programmes. Submitted to Primary Health Care Research and Development.
- Cartwright-Hatton, S., Bullen, C., & Laskey, B. (submitted) The Parents'
- Metacognitions Questionnaire: Preliminary Validation of an Instrument Measuring Parents' Beliefs about Children's Thoughts and Thinking Processes. Submitted to Journal of Anxiety Disorders.